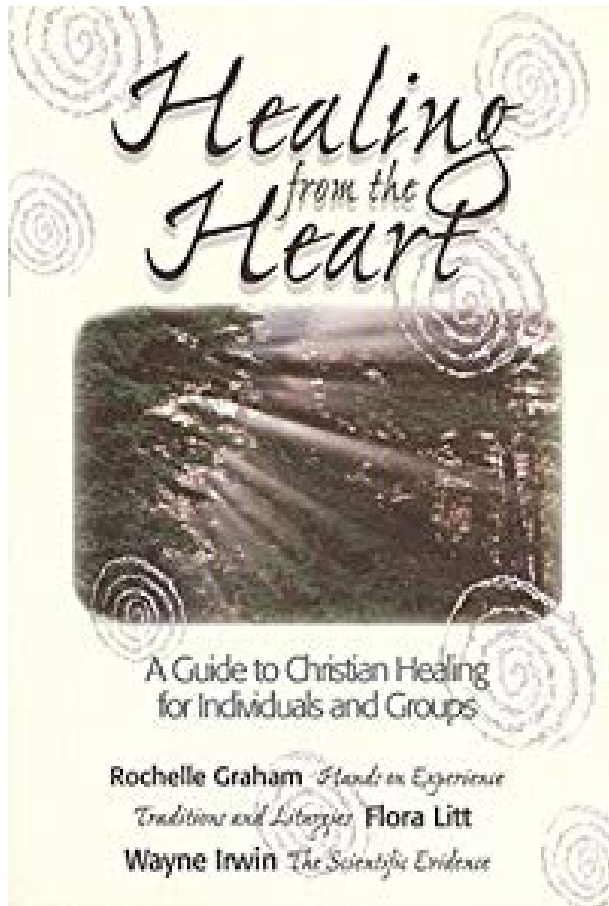


Healing from the Heart: A Guide to Christian Healing for Individuals & Groups



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To have health is to have a balance and harmony between the physical, emotional, mental, spiritual and relational aspects of the self. In healing, we endeavor to restore this balance when it has become off kilter. In Christian scripture and liturgy there is a rich history of healing. *Healing from the Heart* traces the tradition of Christian healing, and explores the mystery of prayer. Church groups interested in beginning a healing ministry will find this an invaluable resource, offering meditation resources, healing services, and well-tested and practical hands-on healing methods.